## HOW AND WHEN TO USE PORTA ALCHÉMICA® HOLY WATER

Holy water is spiritually empowered water and its use long predates the emergence of religion. Holy water has traditionally been used by individuals to cleanse and bless themselves, their families, homes, fields and gardens and their animals. This was done to confer spiritual protection and blessings upon all aspects of people's lives.

# Use the Magical Powers of Holy Water to Bless, Protect and Enhance Your Life:

## Use Porta Alchemica® Holy Water direct from the bottle:

- Use to bless and protect your home. Sprinkle on the doorstep to protect your house and prevent negative forces and energies from entering.
- Add 4 capfuls to a mister or sprinkle it in your workspace, personal space or office space to remove negativity, heavy energy or for protection.
- Add 8 capfuls to your bath to relax, soothe yourself and bathe in divine grace.
- Add 4 capfuls to a bucket of water when cleaning household floors, surfaces or windows to infuse your house with divine energy.
- Put 4 capfuls in a bucket of water and spray or pour on your flower or vegetable garden to bless and sanctify the plants and the food they provide.
- Sprinkle on the children before they go to school for a blessing and protection. Make it a special morning ritual.
- Use in a mister or sprinkle in the sick room, the hospice or hospital room to draw down grace, blessings and protection.
- Sprinkle or mist yourself before you play sport to help keep you safe from harm and for spiritual support and inspiration during the game.
- Use in the kitchen. Pour or spray onto surfaces where food is prepared and consumed to keep the space pristine energetically.
- Sprinkle on your bike, scooter or car windscreen for an added safety measure on busy roads.
- Sprinkle on your pets and around the area where they sleep as a blessing for them.

#### How to make up a mister with Porta Alchemica® Holy Water:

- + Add 20ml (4 capfuls) to a 100ml mister bottle.
- Fill the rest of the bottle with spring water, hydrosol or floral water of your choice.



## THE STORY OF HOLY WATER

Using holy water is one of the most ancient continuous traditions and practices that still exists. From time immemorial all cultures have used holy water that was either collected from sacred springs and holy wells or was created through special blessings and magical chants or prayers by a priestess or priest, a holy woman or holy man.

## Spiritually Empowered Water

Holy water is spiritually empowered water and its use long predates the emergence of religion. For countless ages holy water has been universally used as a sacrament for purifying, blessing, renewal, rebirth, benediction and connecting to the divine. It has long been used to cleanse spiritual impurities, drive off evil forces and to protect against attacks from negative or demonic energies.

#### The Divine Feminine

In the ancient world, water was always associated with the divine feminine, the Goddess. The ancients saw water as being the element out of which all things emerged and in which all things were connected.

In Ancient Egypt and Mesopotamia fonts of holy water were to be found in the temples of Isis and Ishtar. The Ancient Egyptians and Greeks used holy water as an agent of divine power to distinguish between the sacred and the profane. The Ancient Romans used holy water in their temples dedicated to the god Jupiter.

#### To Cleanse and Bless

Holy water has traditionally been used by individuals to cleanse and bless themselves, their families, homes, their fields and gardens and their animals. This was done to confer spiritual protection and blessings upon all aspects of people's lives. It was a common practice right up to the Middle Ages for people to sprinkle their vegetable gardens with holy water as they were dependent upon this for food and livelihood. A failure in the fields and gardens could be devastating for an individual or community.

#### **Ancient Ritual**

To this day the use of holy water features very prominently in Balinese culture and it is made in the ancient traditional way in that, it is 'enchanted' or blessed by a Balinese priestess or priest.

Porta Alchémica® Holy Water is created using a very ancient ritual process and is sourced in New Zealand from one of the world's most purest and ancient aquifiers.

